



Questions to Ask Yourself If You Think You May Have A Hearing Loss

- Do you often ask for statements or directions to be repeated?
- Do you misunderstand what people are saying and answer inappropriately?
- Do you hear people speak, but don't understand what they said?
- Do many people seem to mumble or not speak clearly?
- Do you have difficulty understanding speech when two or more other people are speaking?
- Have you ever avoided a situation because you knew it would be difficult to understand?
- Do you have to strain to pick up on conversations?
- Must others raise their voices in order for you to hear them?
- Do people complain that the television is too loud?
- Do you have difficulty holding a conversation in the car?
- Do you hear some people better than you hear others?
- Do you ever miss a phone call because you did not hear the phone ring?
- Do you have problems understanding conversations on the telephone?
- Have friends and family noticed a decrease in your hearing?
- Do you have ringing or noises in the ear or head?

If you answered "yes" to **4 or more** of the questions listed above, it is probably a good time to have your hearing evaluated by an audiologist or a physician. On average, people wait 5 years after they suspect they have a hearing loss before they have their hearing loss evaluated. During that time, there are many things that hearing-impaired people do which may begin to isolate them from their friends and/or family. There's no need to delay scheduling an objective assessment from a qualified professional.